

Fitness

Augusta Striders Running Club

P.O. Box 177, Augusta, GA 30903

706-854-9397

www.augustastriders.com/

Target Audience: Active Duty and Family Members, DA Civilians, Contractors, Retirees Description: Welcome to the Augusta Striders Running Club. We are a group of people who enjoy running. Some of us are fast and some of us are not so fast, some even walk. Some of us love to race while others just try to keep fit. We exist to support local runners and promote fitness in the community.

Courtyard Pool

Building 36710, Brainard Avenue, Fort Gordon, GA 30905

706-791-8053

Monday – Saturday 1100 -1900

Sunday 1200-1800

Closed every Wednesday

www.fortgordon.com/sports_and_recreation/aquatics.php

Target Audience: Active Duty and Family Members, DA Civilians, Contractors, Retirees

Cyber Fitness Center

Building 25713, 27th and B Street, Fort Gordon, GA 30905

706-791-7370

Monday Friday 0500-2000

Saturday, Sunday & Holidays 0900-1600

www.fortgordon.com/sports_and_recreation/fitness.php

Target Audience: Active Duty and Family Members, DA Civilians, Contractors, Retirees

Gordon Fitness Center

Building 29607, Barnes Ave, Fort Gordon, GA 30905

706-791-2369

Monday Friday 0500-2000

Saturday 0800-2000

Sunday & Holidays 1000-1800

www.fortgordon.com/sports_and_recreation/fitness.php

Target Audience: Active Duty and Family Members, DA Civilians, Contractors, Retirees

Indoor Pool

Building 21608, Corner of Barnes Avenue and 25th Street, Fort Gordon, GA 30905

706-791-3034

Monday-Friday 0500-1300 & 1600-1900

Saturday 0800-1200

www.fortgordon.com/sports_and_recreation/aquatics.php

Target Audience: Active Duty and Family Members, DA Civilians, Contractors, Retirees

Health Promotion Office - Fitness

Last Updated: Friday, 20 November 2015 09:34

Superior Academy

Jason Herrera, Owner

4158 Washington Road, Evans, GA 30809

706-364-8127

www.superioracademy.com/

Target Audience: Active Duty and Family Members, DA Civilians, Contractors, Retirees

Description:We are an academy teaching reality based Martial Arts and Salsa classes for all ages! Classes are at a 10:1 ratio keeping them small for better individual help

Victory Fitness Center

Building 25510, Brainard Ave, Fort Gordon, GA 30905

706-791-2864

Monday Friday 0500-2000

Saturday, Sunday & Holidays 0900-1600

www.fortgordon.com/sports_and_recreation/fitness.php

Target Audience: Active Duty and Family Members, DA Civilians, Contractors, Retirees

Warrior Fitness Center

Building 21713 between 22th Street and 21st Street, Fort Gordon, GA 30905

706-791-6872

Monday – Friday 0500-2000

Saturday, Sunday & Holidays 0900-1600

www.fortgordon.com/sports_and_recreation/fitness.php

Target Audience: Active Duty and Family Members, DA Civilians, Contractors, Retirees