

# Health Promotion Office - Required Health Promotion Trainings

Last Updated: Thursday, 03 December 2015 10:46

## Required Health Promotion Trainings

TRAINING PROGRAM	REQUIREMENT	GUIDANCE
<b>Suicide Prevention Training</b>  POC: Suicide Prevention Coordinator	AR 600-63, p. 7	Suicide Prevention Training (SPT) will be conducted in two parts: First, Junior Leaders Suicide Prevention Training (platoon leaders and platoon sergeants); and then Suicide Prevention Briefings for all other unit Soldiers. Trainers for unit level SPT will be qualified unit chaplains.
<b>ACE Suicide Prevention Training</b>  POC: Unit Chaplain	AR 600-63, p. 17	All Army leaders will receive the ACE Suicide Prevention Training for Leaders on an annual basis. All junior and first-line leaders will receive the 4-hour Army ACE Peer Intervention Training for additional training in suicide intervention.
<b>Applied Suicide Intervention Skills Training (ASIST)</b>  POC: Suicide Prevention Coordinator	AR 600-63, p. 7	Identify key green tab leaders to attend the ASIST (T2T) Training workshop. ASIST (T2T) is a 2 day workshop targeted for all gatekeepers (See AR 600-63 and DA PAM 600-24) and green tab leaders.
<b>Relationship Training/Strong Bonds</b>  POC: Unit Chaplain	AR 600-63-12, p. 6	Duties of Chaplains and Responsibilities of Commanders, provides guidance, conducts programs, and instructs in areas leading to increased spiritual fitness.
<b>Family Advocacy Program (FAP) Regulation, Troop Education Program</b>	AR 608-18, p. 27	This consists of annual troop education by FAP personnel for all Soldiers on the Family dynamics of spouse and child abuse, the availability of prevention and treatment services, and the

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		Army's policies regarding Family violence.
<b>Family Advocacy Program (FAP) Regulation, Commander Education Program</b>	AR 608-18, p. 27	This covers education regarding the FAP to ensure that commanders at all levels are aware of— (1) The nature of spouse and child abuse and how to prevent it. (2) Mandatory briefing requirements for unit commanders and senior enlisted advisers within 45 days after appointment to a command position.
<b>Domestic Violence</b> POC: SHARP	AR 608-18, p. 24	All installation staff officers and tenant organizations (for example, chaplains, SJA, PM, USACIDC, CRC members, MTF emergency room, nursing, SWS staff) involved in cases of spouse and child abuse will coordinate with the FAPM to obtain training at least annually for all of their personnel regarding reports of spouse and child abuse.
<b>Sexual Harassment Training</b> POC: SHARP	AR 600-20, p. 66	All Soldiers will attend sexual harassment training twice a year.
<b>Sexual Assault</b> SHARP POC:	AR 600-20, p. 79	All Soldiers will attend and participate in unit level Sexual Assault Prevention and Response training annually.
<b>Soldier Substance Abuse Awareness Training</b>	AR 600-85, p. 14	All Soldiers will receive a minimum of 4 hours of alcohol and other drug abuse awareness training per year.
<b>Financial Training</b> POC: ASAP	AR 608-1, p. 20	Refresher classes will be conducted for personnel who have abused and misused check-cashing privileges. Financial planning classes and counseling will be conducted for all junior

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		enlisted Soldiers (E-4 and below) who are scheduled for their initial PCS move.
<b>Equal Opportunity Training</b>  POC: Unit's Equal Opportunity Adviser (EOA)	AR 600-20, p. 62	Leaders will conduct mandatory unit EO/prevention of sexual harassment training quarterly. Commanders will document training on the unit's training schedule and lead the training. In their training documentation, commanders must include type of training; instructor; date, time and length of training; roster of attendees and issues covered in the session.
<b>Master Resiliency Training</b>	ALARACT 097-2010 Comprehensive Soldier Fitness Execution	3.B.9.A. (U) All Active component units are required to conduct a minimum of 2 hours of resilience training quarterly for each assigned Soldier.
<b>Master Resilience Trainers (MRTs) and Resiliency Training Assistants (RTAs)</b>	FORSCOM OPORD 2011-01 Comprehensive Soldier Fitness / Reference MRT SOP	Unit Commanders will interview, select, and designate as a full time position their unit MRT in the following manner. Selected Soldiers can deploy and will be responsible to maintain skills in their current MOS. <ol style="list-style-type: none"> <li>1) BDE will provide one (1) NCO (E7 or above) whose primary duty will be MRT, and one (1) officer (O3/CW2 or above).</li> <li>2) Battalions will select one (1) NCO (E6 or above) per BN HQ to be MRT.</li> <li>3) Companies will select one (1) Resiliency Training Assistant (RTA) for every Company and each Platoon (E5 or above) as an additional duty only</li> </ol>